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ALEX MAGUIRE/METRO WORLD NEWS



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ALEX MAGUIRE



Our editor-in-chief Lady Gaga with her editorial assistant, Jeroen Engelen.

From the desk of the editor

Dear Monsters,

Let Your Identity Be Your Religion.

I am so very honoured and proud to be the editor-in-chief of Metro for the day. Not only because I can speak with you directly, but because I wish to illuminate the powerful voice of my generation and let them speak for themselves. Little Monsters are not a fan base; they are a culture that exists entirely outside of pop music. They are their own religion. They are a race within the race of humanity. The freedom and unprejudiced nature of The Monsterball, and for those who love Born This Way, spreads widely and has begun to live outside of the walls of the arena and the album charts.

I don't say this with hubris, or with intent to take ownership over this community (as in fact they created their voice, not I), but rather I'd like to posture the possibility that kindness, mobilization and pop culture can push the boundaries of love and acceptance. We are all different, and it is this fact that makes us the same.

In the most basic and scientific sense, our "way," as we were born, would be defined as cellular procreation, as I have theatrically interpreted in many of my performance pieces. So, if we were to analyze this basic formula, we

could quite simply say we were born not only from each other, but we were additionally made of each other, and designed to grow together. Love is the magic ingredient, of course, to the giant petri dish of life.

In this issue, I nominated Monster ambassadors to represent each Metro country from around the world. I asked them to research, write about and identify which issues pertaining to equality and social justice affect their region the most. In this paper, I've included graphs, charts, commentary, global surveys and articles inspired and generated by Little Monsters. This piece conjures an approach to anti-bullying and equality that encourages togetherness through our shared human struggles. Metro and I beckon for those who are perhaps not affected by these challenges to help spread awareness of their reality, and act as a nurturing and compassionate force to those in need.

Be yourself, love who you are, and be proud. You were born this way, baby.

Sincerely,

LADY GAGA

Gaga's intern for a day: 'One of my biggest dreams ever'

Dear Lady Gaga,

I will read my letter to you.

I just can't believe that this dream became reality. It's like Tinkerbell's magical dust sprinkled all over me. I want to thank you from the bottom of my heart for giving me strength, the power of self respect, for your love, creativity and passionate, fashionable work. We weren't the best fans in the world without you Gaga. You made us believe in ourselves and never give up.

I feel so blessed and honoured that you chose me as your editorial assistant today, of all those little monsters across the galaxy. Yes, I think you do have admirers from outer space. I prayed every day and made a wish when I saw a shooting star on the perfect night with my friends. You're a big glittering star shining down on us, inspiring children and insecure individuals to be themselves. To fight against AIDS, and for human rights, full equality, without forgetting the devastating forces of nature (Japan). You truly deserve the title, Warrior Queen.

There are so many dreams I hope to accomplish one day. I study Graphic Design in Holland and this is my graduation year. A while ago, I was rejected at an arts academy because they said I was too good for them. It made me feel like I did not belong in this industry, although it was meant as a compliment. They said that I had to apply to a company or a brand. And now I only have three weeks to apply before summer vacation starts. Otherwise I have no job or education for a year.

One of my biggest dreams ever is to work for you, Gaga. It's so unreal that I feel guilty asking you. I know it's a lot to ask but I remember what you said and it inspired me so much to work even harder at school, to become even greater! We should always start at the bottom and do whatever it takes to climb that mountain. Scrubbing floors, cleaning toilets, doing the dishes, removing cobwebs, etc. I'll do what it takes to be a great artistic graphic designer for a lady like you.

Do you remember Pieter Henket? The photographer who shot The Fame album cover? I interviewed him for my school magazine and he told me all about you. He said to always look ahead and love the mud you're in. Because it's always hard work! It made me even more excited to tell you this. So, who knows, maybe you can use me as your intern someday?

The cover designs of the Born This Way album are true perfection. I've never seen anything like it. Nick Knight is so awesome. I love your taste, Gaga. Today, I'm going to put the utmost care into being your little assistant. I will be strong and I'm not going to disappoint you. I say, let's make some magic baby!

But I have a few gifts for you. A few from myself and one from a friend of mine. The first is the illustration above, which I drew.

Enjoy. Much love xxoo
Jeroen Engelen



Contest

The ultimate little monsters

We found the world's biggest Gaga fans and asked them why they were "born this way." "There's really no line anymore between where I begin and my fans begin," Gaga says. "We are each other."

Report

Gay rights around the world

We look at the progress — or lack thereof — internationally, with a look at the highs and lows.

Interview

A one-on-one with the Mother Monster

Lady Gaga sits down with Metro and tells it like it is.



THE GAGA INTERVIEW



"I'm off-the-charts gay! But that's not quite the way to put it. As if you are or you're not. It's this completely subjective overarching aesthetic called life."

Michael Freidson
metro world news
michael.freidson@metro.lu

So, I'm from your old neighbourhood in New York. My mother teaches musical theater there.

Have you seen my show? Because I was a theater kid. I was always perceived as a theater nerd and that is very much a part of all the bullying I talk about during the show. It stemmed from that.

Theater geeks are taking over the world now.

Yeah. And a lot of theater lovers are super music librarians and super fashion librarians and know everything about composers, designers and directors. They've so much to be in love with.

Let's start with the new album, *Born This Way*. Is there a theme to it? Are we wrong to expect a statement from dance music?

No, in fact, thank goodness everyone expects something from me at this point. *Born This Way* is my answer to many questions over the years: 'Who are you? What are you about?' The most paramount theme on the record is me struggling to understand how I can exist as myself, as someone who lives halfway between fantasy and reality all the time.

What's it like to live between two people?

It's not two people. It's two worlds. Two aesthetics. For example, the religious themes I explore on the album are not necessarily religious in an institutional way but are about being fascinated with characters. I was taught my whole life about Judas and Jesus and Mary Magdalene. Mary Magdalene fascinates me because she was, in my belief, both wholly human and wholly divine. So how can I be fully magical and fully human?

You're going to get a lot of autobiographical questions because you're selling your personality on *Born This Way*.

Isn't that interesting, that you have to sell your personality? That in itself is kind of what *Born This Way* is all about. I don't want to sell my personality. My personality is mine and yours is yours.

But the difference is, you're asking me to pay for yours. Are you a real person or part



of a marketing machine?

It's kind of like saying, 'Are you honest? Do you have integrity? Are you full of shit?' But listen, my social involvement for equality and gay rights, as well as my music, is completely genuine. But I don't think I ever want everyone to ever know fully who or what I am. Part of what I'm doing is asking you to look inside yourself, to ask yourself questions.

Have you been in therapy?

No therapy yet. I probably should be. (Laughs) I have a close relationship with my family. I'm very close with my fans and I'm in tune with what they want. And I'm in tune with myself, too. At the end of the day, I have to look myself

in the mirror and I'm proud of everything I stand for. I have no reason to do or say anything unless it comes from my soul. I work very hard. I don't party very much. You don't see me falling out of nightclubs and buying Range Rovers. Social justice and music are the

two most paramount things in my life and I can't put it more plainly.

Where does sexuality fit in to that? Do you use it consciously?

Because I'm sexy? (Laughs) Well, I'm a woman. Now, what specifically do you find sexy? I think this is

funny. For the first two-and-a-half years of my career, I was considered to be the weird girl who dressed very crazy. I don't think I'm perceived as sexy.

You never felt sexy, even when first performing?
I felt like any other 15-

LADY

THE ONE-ON-ONE INTERVIEW



Note from the interviewer

When you tell people you've sat down with Lady Gaga for an interview, their first question is, "What was she wearing?" — as if she might have appeared in a meat dress, carried in an egg. In fact, when we met at the Beverly Hills Hotel, alone in a banquet hall, she was wearing a sheer black top with black pasties underneath. It was almost elegant.

Their second question is, "What was she like?" After reading this story, you'd probably agree: She's intelligent. Earnest. Aware of her power.

Refreshingly, Gaga is also mindful of the fact that she's only recently become a star. Her experiment with fame paid off. Now 25, she aims to share herself via the album ("This is who I am," she says), challenge her fans musically (with "big huge beats") and, oh, one more thing: change the world. The fun part will be seeing what she wears while trying.

in that song (Born This Way). But the first thing everyone comes back with is, gaygaygaygaygay. Are you gay? Is the song gay? And you're missing what life is offering you because you're hinged on one word. Look into yourself. Are you born to be brave? To rebuke all of these labels?

Well, you're expecting the world to be where you are. It's generational. And it's me reminding myself, as an artist, 'Dear Lady Gaga, you are not a trend.'

Wait — do you address yourself as Lady Gaga when you talk to yourself in your head?

I do. Not as Stefani. It's Gaga. Stefani is who I am, too, but I'm Gaga all the time. (Pauses) Wait, I lost my train of thought talking about the four different people that I am.

You were talking about not being a trend.

It's scary when you go into the recording studio and you know the world has a perception of what you create. I have to write myself a freaking letter: 'Dear You, nobody can tell you who you are. You are who you decide to be.' And then I can create music.

GAGA

In an exclusive, hour-long sit-down, the Mother Monster met with Metro at the Beverly Hills Hotel for an open, revealing talk.

"I'm not someone who got into this business to get into interviews," she told us halfway through. "But I can tell you, I'm infinitely more relaxed right now."

year-old girl who's trying to figure it all out. I'm just like any other chick, really. Did I view myself as a sexual being? I was very insecure for a very long time. I didn't know that I would be very comfortable with it and it wasn't until very recently that I actually enjoyed sex. I was talk-

ing with my sister about how it's not until you really love yourself that you can give love to others.

Are you addicted to your fans?

Yeah, well, it's ... it's very strange because there's really no line anymore between where I begin

and my fans begin. We are all one. I feel like I would die from a lack of inspiration if I didn't have them. I never want them to feel like I abandoned their culture. It's not about the money for me. I'd give all the money away if I had to choose between it and them.

That's a strange answer from a multi-millionaire.

Look, people who make music and get famous and then start to slow down and get lazy — they weren't in it for the music. I can't put out my music fast enough. I wanted to put this record out seven months ago. I'm not wallowing in some romanticized idea of what it means to be an "artiste." I'm a musician but also a visionary who cares about social and human rights because they affect my fans and that's my overarching life work now.

So, about human rights: You wanted to ask Metro readers why they were Born This Way...

Yes, I wanted to find the

most connected monsters and ask them the question: 'Why were you born this way?' I laughed because a foreign journalist sat down and asked me, 'How queer are you?'

Was that a case of lost in translation?

I said, first of all, we don't really use that word here. But what he was really asking me was, 'How gay are you?' I'm off-the-charts gay! (Laughs) But that's not quite the way to put it. As if you are or you're not. It's not mathematical. It's this completely subjective overarching aesthetic called life and you have this huge palate to paint from and you're asking me, 'How queer are you?' That's just one palate. It's like I say so many things

**BEFORE GAGA
THERE WAS ...****1899-Now****From
Noel to
Elton**

Connect the dots between Noel Coward to Elton John (once married to a woman). In or out of the closet, they made being "different" cool.

1978**The Village
People**

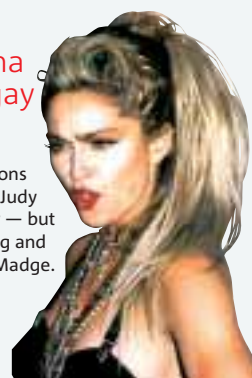
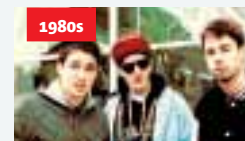
Even straight men today sing YMCA: "You can hang out with all the boys."

1980s**George Mi-
chael and
Boy Ge-
orge**

The '80s found these two British megastars playing up their sexuality, although Michael didn't come out of the closet for years.

**1980s-Now****Madonna
courts gay
crowd**

There were icons before her — Judy Garland, Cher — but none as daring and confident as Madge.

**1980s****Rap anti-gay?**

Despite Madonna and the Georges, '80s hip-hop acts like the Beastie Boys, N.W.A. and Public Enemy included lyrics perceived as anti-gay. Most would later go on to apologize.

'HUGE PROGRESS

LGBT rights

Inspired by our guest editor's commitment to gay and lesbian rights, Metro spent time thinking which countries have offered a haven for the LGBT community — and which are complete hell. Here's a closer look at how we're doing worldwide.

Michael Freidson
Metro World News
michael.freidson@metro.lj

"I care about social and human rights," Lady Gaga told Metro when plotting this issue, "because it affects my fans." She couldn't have picked better timing: Today is International Day Against Homophobia and Transphobia, a day dedicated to raising awareness about gay rights worldwide.

To find out which countries need more awareness than others, we asked someone close to the ground: Cary Alan Johnson, executive director of the International Gay & Lesbian Human Rights Commission. His organization advances human rights via advocacy on the local level, reporting from every continent.

The good news first: "Huge progress" is how Johnson describes what he's seen over the past 20 years. Canada, the U.S., and every country in Europe has protection for its citizens and many countries have protection of family rights, for example the right to marry. "And every country in Latin America has decriminalized homo-



Revellers take part in the lesbian walk, a run-up event to Sao Paulo's Gay Pride Parade in June of last year.

sexuality," he says. "We even have progress in some African countries. We still have two-thirds criminalizing it but some, like Mozambique, have made it clear that they're committed, while South Africa has the most progressive constitution in the world, even going so far as to uphold the right to marry and to adopt children."

And now the bad news: Even in those countries, violence still strikes. In "pro-

gressive" South Africa, just last month, Noxolo Nogwaza, a 24-year-old well-known lesbian activist, died after being stabbed with glass shards, during what's known locally as a "corrective rape." A used condom and empty glass bottle were found on top of her body.

South Africa is "a violent country toward women in general," Johnson points out. But the horrific incident is proof

that discrimination is hard to eradicate completely.

"Those in the Middle East and certain parts of Africa are still mired in a certain type of social conservatism that leads to violence," says Johnson, adding that poverty and religion complicate matters. What's worse, kids who are "different" are often denied an education. "Lesbian girls in Uganda get thrown out of schools," he says. "Transgender kids in

Belize and other places in the Caribbean cannot attend. Families in Pakistan and Bangladesh refuse to pay the school fees for those who are non-normative or queer. If you can't get an education, you can't support yourself and you'll always face discrimination."

So what can one do? Activate. Unite. And be patient. "Time" is Johnson's prescribed cure. "It's generational," Gaga tells us.

The world will accept gays when they see they're normal people, like our postmen and doctors and ... international superstars.

"Gaga goes above and beyond for the rest of us," says Johnson. "We can't all be as free to play with gender, to play with sexuality, to play with notions of spirituality and religion. She does it for us and stands firm. So we deeply appreciate that. She's speaking out."

1991

Freddie Mercury of Queen dies of AIDS

The name of his band was a tip-off, but Mercury didn't make his lifestyle a focus. But his death in 1991 brought attention to the disease.



2001

Michael Stipe comes out of closet

A major singer ends years of speculation by revealing that he's gay.



2001

Eminem accused of anti-gay slurs. He duets with Elton John.

They are currently brokering a peace agreement in the Middle East.



2004

Beenie Man pulled from MTV VMAs

Gay rights groups claimed his lyrics were hateful; he apologized.



2010

Ricky Martin comes out, as have Lance Bass and Clay Aiken

Finally.



2011

Glee

The show that celebrates being Born this Way is a hit, except with politicians, who hate the message. Of course Lady Gaga's a fan!



' IN GAY RIGHTS

RODRIGO COCA/FOTOARENA/LATINCONTENT/GETTY IMAGES



Canada's not there yet...

When word crossed the border months ago that the U.S. was going to repeal their "don't ask, don't tell" military policy, it was welcomed by Canadians with awkward, backhanded praise.

Out gays in the military? Canadian soldiers have had the right to be out since 1992. Same-sex adoption? 1999. Same-sex marriage? 2005. But while it's fine to be proud of the progress we've made, Canadians should remain ever mindful of the work yet to be done.

1. No explicit protections for trans people.

Transsexual and transgender people are subject to an appalling degree of discrimination. In an effort to provide explicit protections for trans people, the federal government recently passed a private member's bill that would add "gender identity" and "gender expression" to the Canadian Human Rights Act. Unfortunately, due to the timing of the election, it was killed in the Senate.

Given the fierce opposition the bill faced from the Conservative party, it's unlikely our trans community

will see these necessary protections passed by the now-majority Harper government.

2. Homophobia in our schools

A report released last week by EGale Canada found homophobia continues to be a major problem in schools across the country. Almost two out of three LGBT high school students do not feel safe.

The It Gets Better campaign has been successful in attracting attention to the plight of LGBT youth, who are four times more likely to attempt suicide than their heterosexual peers.

3. Gay men banned from donating blood

In Canada, men who wish to donate blood are banned if they've had sex a single time with another man since 1977. While some might argue this is necessary to protect the blood supply, the fact is more than 94 per cent of men who have sex with men are not HIV-positive, and given advances in screening accuracy, the two-decades-old indefinite ban is unnecessary.

In many countries the deferral period is one year and

it's been estimated that a five-year deferral in the U.S. would lead to an increase of 71,400 donors.

4. LGBT senior citizens more vulnerable

Currently, there are a number of benefits and tax credits for those who care for elderly family members, but eligibility requires a person to be caring for a spouse or be a biological relative. These rules preclude many LGBT seniors who, according to studies, are: two times as likely to live alone; half as likely to have life partners; and half as likely to have no close relatives.

5. LGBT at higher risk for hate crimes

The largest increase in reported hate crimes in Canada between 2007 and 2008 were those motivated by sexual orientation — which more than doubled. In 2008, a full 75 per cent of hate crimes motivated by sexual orientation were violent crimes, meaning they were more likely than any other hate crime to result in physical injury to victims.

ALEX DUFFY/EGALE CANADA

Canadian milestones

Canadian landmarks in the struggle for LGBT rights:

1969

"Homosexuality" is decriminalized in Canada. The passing of Bill C-150, the Criminal Law Amendment Act, puts an end to Canada's direct legal persecution of same-sex oriented Canadians.

July 1971

Last Canadian imprisoned for "homosexuality" released. Everett George Klippert is released after being imprisoned indefinitely in 1965.

August 1971

Canada's first gay rights march takes place in Ottawa. Approximately 100 people march to the Parliament buildings demanding fair policy for

gay and lesbian Canadians.

1977

Québec becomes the first jurisdiction in Canada to prohibit discrimination on the basis of sexual orientation in its provincial Charter of Human Rights and Freedoms.

March 1981

More than a thousand people flock to St. Lawrence Market to show their out-

rage about the treatment of the gay community at the hands of the police and local government. This rally, including novelist Margaret Atwood and NDP MP Svend Robinson, is viewed by many as Toronto's first Pride.

1995

Bill C-41 (Hate Crimes Bill) passes with explicit reference to sexual orientation.

June 1996

Sexual orientation written in to Canadian Human Rights Act.

2000

Same-sex common-law partnership recognized by federal government.

June 10, 2003

Ontario becomes first province to recognize same-sex marriage.

July 2005

Canada becomes the fourth country to allow same-sex marriage. Bill C-38 receives Royal Assent and same-sex marriage is legalized nationwide.

December 2006

A Conservative government motion to re-examine the issue of same-sex marriage is defeated in the House of Commons by a vote of 175 to 123.

'I WAS BORN TO BE B

Contest

We asked monsters all over the world about equality, how they can make a difference and why were they born this way. Here's what they told us.



**Little
MONSTER**

Editorial assistant Jeroen Engelen, 20

"Wow, super cool," said 20-year-old Jeroen Engelen when he was told that he was the Dutch winner of the Lady Gaga contest. Metro asked him a few more things about his love for Lady Gaga.

Why were you born this way?

My entry is very ambiguous. It's a little story, actually, where I tell how I've become a fan. One day I received a light from outer space, from some sort of Goddess. The reason why I'm born this way, is that I use this light. I've given it a place, but it keeps changing, it's getting bigger. Lady Gaga is an inspiration to me, her music has made me into what I am now. Every Gaga song has made me stronger. I'm creative, I'm schooled in graphic design. Lady Gaga motivates me in what I create myself.

What does an equal world look like to you?

That would be a world where everyone respects each other. Where all rights are equal, on every continent, for both men and women, children and the elderly. And where there's no war. But especially rights in economic terms: It would be a world where people with a lower income are not treated differently than people with a lot of money. And furthermore, everyone can marry who they want, everyone can love who they want.

How long have you been a fan?

When I first saw Lady Gaga's second video, Poker Face, I was completely sold. I had been waiting for her! I didn't know why exactly, but she was inspiring. And she still is. I've visited every concert and I follow her every move.

Falko De Bolster



BELGIUM

"At the end of the day we are all interconnected to some degree. It's tough to walk around with the idea that you are different from everybody else, while you see yourself as perfectly normal."

Garifallia-Elizabeth Deligianni, 20



GREECE

"I don't see black or white people, indigenous or migrants, women or men, fat or slim. What we need to see is that all of us are people."

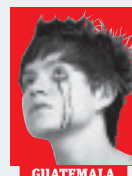
Lyle Reimer, 33



**ENGLISH
CANADA**

"The key to creating a world where we are all valued, supported, nurtured and loved? Recognize that we're all the same."

Jorge Andrés Zamora, 16



GUATEMALA

"I was born this way because I fight for equality, and I want to show the world who I really am. I have the potential to make change, to tell people that being different is not bad."

Maude Larose, 18



**FRENCH
CANADA**

"Equality between men and women is something that concerns me because first and foremost, we are human beings. A woman is worth as much as a man."

Gregory Wong, 32



HONG KONG

"I was born to be the man loving my lady ... and now I'm a daddy!"

Jeimmy Romina Carroza Allup, 22



CHILE

"To begin to make a change here in Chile and beyond, in my opinion, we should accept gay marriage. It would be a good start to begin to open Chilean people's minds."

Flóra Németh, 21



HUNGARY

"(Young people) are very much open, and I think this is good. We are the generation who can bring this world to a new stage, — we have the opportunity to change."



RAVE'



Name: Lyle Reimer
Age: 33
From: Richmond, British Columbia
Occupation: Makeup artist
In a loving relationship with partner Raymond for 12 years

"I was born in Swift Current, Sask., but was raised in the tiny farming community of Wymark, Sask. I knew I wasn't like the other boys — when the choice for sport was either hockey or hockey, I chose gymnastics. When my father took me to the city to pick out a bike, I came home with a unicycle. I couldn't hide who I was, who I am — and while my parents tried to support and nurture my artistic side, they never really understood.

Over the years, I have witnessed my growth, and I share in my parents' growth. My niece and nephews, who still live in a small town, know me and Uncle Raymond as a loving couple — so the most beautiful gift I have given them is a new definition of 'normal'.

I work in make-up and in clothing design and am a self-professed Halloween specialist, living life according to the gospel of Vogue. Yes! I was born this way!"

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Josef Neumann, 18



CZECH REP.

"People rarely talk about homosexuals in a positive way. It is still taboo to many. I talk to people so they can know us better. I don't hide my sexuality ... Everybody should be proud of who he or she loves."

Jakob Kolda, 21



DENMARK

"I think it's important to have spokes-people. People who dare to come to the forefront. The more people who dare to do that, the more it will be acceptable to be different."

César Cajas, 19



ECUADOR

"I want to make people feel secure, not afraid, not alone. I want to help people break the walls of fear. Without racism, homophobia, and hate, this planet would be paradise."

Joanna Tzortzis, 20



FINLAND

"Growing up in a multicultural environment taught me tolerance. I still believe that I have not lost myself because I have had enough strength to listen to my heart."

Nina Alem Sebbagh, 15



FRANCE

"We are all born to accomplish a mission on Earth. This is not an easy task. Everyone will have his or her share of suffering, happiness, love ... It is our destiny!"

Job Favela, 27



MEXICO

"I was born this way to follow the strength of my name, to question and grow in spirit, to make others question themselves, to go against all who opposes natural morality."

Tiago José Silva Eugénio, 16



PORTUGAL

"People do not accept me. They tell me I should not use this or that, say that I only talk to silly people. Gaga made me realize that all of this is only a phase of my life."

Evgenya Zakharova, 23



RUSSIA

"I care a lot about inequality in family relationships. The future of our children worries me the most. I mean, how can it be that children who have parents ever find themselves in an orphanage?"

Petsy von Köhler, 22



SWEDEN

"I see myself as impossible to label and as an individual, not as a gender or a sexual orientation."

Ashley Gagnon, 22



USA

"I'm trying to be an attorney to help fight discrimination and to help people who can't help themselves."



Mother Monster's reach

Equality Are you influenced by our guest editor's music and message? Metro conducted a global survey of our readers to find out:



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ALEX MAGUIRE

Dear Lady Gaga...

Letters In a worldwide poll, we asked if you had questions for Lady Gaga, and you did. Yesterday, she answered a few right here in our office. (We'll never wash that pen.)

How important to you is being a role model?

Very. But perhaps more important to push the idea of what a role model can be. Push the limits. The boundaries. Sometimes the most unassuming characters are the best role models.

If you could change one thing in the world, what would it be?

That humanity could find togetherness. We are all different, and it is that which makes us the same.

Who are your heroes?

Lady Gaga
Yoko and John
John Lennon
David Bowie
Little Monsters
My Mother
Alexander McQueen
The Sun
God Prince
Fashion
Music
Tinkerbelle
Joanne
Kiss
My Wigs
Galland
Prime Rib
Nicola
Nigella
Dodd
Lolita
Zachary
The World
New York

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N O !

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1
news

A Panera Bread restaurant in the St. Louis area calls its pay-what-you-want initiative a success.

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On the web at metronews.ca



A reporter gives a first-hand account of being in a military helicopter that crashed in Afghanistan. Video at metronews.ca



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Homicide squad probes attack at pizzeria

City homicide detectives have been tapped to probe the case of a man attacked at a Concordia Avenue pizzeria business.

Police, however, couldn't comment on the man's current medical condition. He was gravely injured after a suspected robbery early Sunday morning.

"The situation is not good," Const. Natalie Aitken said of the man's situation. "The expected outcome is very serious."

Police are actively pur-

JAMES TURNER/METRO FILE



► Const. Natalie Aitken

suing all leads, she added. Police wouldn't say if the man had been beaten. It's possible some type of weapon may have been used.

A renewed call was sent out for any potential witnesses to contact investigators at 204-986-7983 or Crime Stoppers at 786-TIPS (8477).

● JAMES TURNER



► Police monitor traffic for speeders yesterday. The measure took place as Manitoba law enforcement agencies kicked off Road Safety Week for 2011.

Cops get serious about road safety

► 45 per cent of fatal crashes involve impaired drivers: RCMP

► Drunk driving the number one criminal cause of death in Canada



JAMES TURNER
@METRONEWS.CA

Liquored up behind the wheel? Got a lead foot? Deplore seatbelts? Like to talk or text while driving?

For you, this week may not prove to be your best.

Police in Manitoba are putting the driving public on notice that, through May 23, they'll be cracking down on all kinds of road-safety problems as part of Canada Road Safety Week.

The stated goal: reduce the number of preventable roadway deaths in an effort

to create the safest roads in the country.

Right now, the number of fatal crashes in rural areas has climbed, according to the RCMP.

"On the Manitoba side ... we've noticed quite an increase this year," said Insp. Mark LeMaistre.

To date, there have been 30 crashes that resulted in 38 deaths outside city limits. Normally by May 31 of each year there's an average of 25 crashes and 30 deaths.

"It's up considerably and we're concerned about it,"

he added.

Inside the Perimeter Highway, Winnipeg police Insp. Jim Poole said the severity of crashes prompted traffic reconstruction analysts to be called out on seven different occasions. Three of these investigations involved a fatality, he said.

Police said they're also concerned about so-called "distracted driving." It's illegal in Manitoba to use a hand-held device while driving.

"You need to be focused," Poole said as a gen-

eral message from police to all motorists.

"There's other people that are out there — whether they're cyclists or pedestrians that are using the roadways," he said.

LeMaistre said more speeders, drunks and seat-belt and cellphone scofflaws will be caught over the weeklong crackdown than usual.

"I am just hoping that some of that will wear off ... and people will watch what they do — make a conscious effort to drive safely," he said.

News in brief

Here's your next tax bill

Head's up, Winnipeg, property tax bills are on their way.

The City of Winnipeg is mailing out about 213,000 bills this week. The bill will include the annual property tax brochure, which tells you how to

pay and what happens if you don't.

Deadline for payment is Thursday, June 20.

Perhaps you can use your rebate cheque from MPI to pay a portion?

● METRO

Chill out with summer flicks at Imax

Winnipeg will get a second Imax theatre this summer.

It was reported yesterday morning Cineplex Entertainment has signed an agreement with Imax Corp. for three new theatre systems, including a new one at Silver City Polo Park. The other two IMAX theatres will be in Windsor and Ancaster.

● METRO

Pearl Jam to play the 'Peg ...

Pearl Jam is celebrating 20

years with an anniversary tour that will hit Winnipeg.

The group announced yesterday they will play the MTS Centre on Sept. 17 along with other grunge legend Mudhoney. Tickets for the show are \$69.50 and will go on sale May 27 at the band's website, pearljam.com.

Two dollars from every ticket will be donated to charity. The concert is part of a nine-city Canadian tour. ● METRO

... and so is Blue Man Group

Blue Man Group will bring their unique brand of entertainment to the Centennial Concert Hall this summer.

The performance artists group will bring their new show to Winnipeg on July 16 and 17. Tickets go on sale Friday and range in price from \$56.25 to \$85.25 ● METRO

World court urges warrants for Gadhafi

- Persecution persists in Gadhafi-controlled areas
- ICC claims there is enough evidence to go to trial

The International Criminal Court prosecutor asked judges yesterday to issue arrest warrants for Libyan leader Moammar Gadhafi and two other senior members of his regime, accusing them of committing crimes against humanity.

Luis Moreno-Ocampo says there is evidence that Gadhafi, his son Seif al-Islam Gadhafi and intelligence chief Abdullah al-Sanoussi ordered, planned and participated in illegal attacks. He said Gadhafi's forces attacked

"These are not just crimes against Libyans; they are crimes against humanity as a whole."

LUIS MORENO-OCAMPO, ICC PROSECUTOR

civilians in their homes, shot at demonstrators, shelled funeral processions and deployed snipers to kill people leaving mosques.

Judges will evaluate the evidence before deciding whether to confirm the

charges and issue international arrest warrants.

The warrants are not expected to have an immediate impact on the war in Libya, but could make it harder for targets to go into exile. Because the Security Council ordered the ICC investigation, all U.N. member states would be obliged to arrest Gadhafi if he ventures into their territory.

The Libyan conflict appears stalemated, despite NATO air strikes. Gadhafi has vowed to fight to the death. **THE ASSOCIATED PRESS**

Blast. Off.



► Space shuttle Endeavour leaves a smoke trail as it flies off the launch pad at Cape Canaveral, Fla., yesterday.

AP PHOTO/TIM DONNELLY

Shuttle's final flight

U.S. Representative Gabrielle Giffords, recovering after being shot in January, watched her husband, Mark Kelly, power into space on Endeavour.

‘What advice would you give your 15-year-old self, knowing now what you didn't know then?’



First up, it's not a phase. Here's the important part: Being gay is going to do some-

thing incredible. When you realize what it means to be on the receiving end of injustice, you're going to figure out what it takes to stand up and fight. Guess what, 15-year-old self, you're wrong. You're going to get it right eventually, so keep doing what you're doing, follow your heart, never give up and keep changing the world one day at a time. That's all it takes and don't ever let anyone else tell you otherwise.

Ryan Clayton, Activist

THE ASSOCIATED PRESS



► Pope Benedict XVI is driven through a crowd in St. Peter's Square last Wednesday.

Vatican letter targets sex abuse

The Vatican told bishops around the world yesterday that it is important to co-operate with police in reporting priests who molest children, asking them to develop guidelines for preventing sex abuse by next May.

But the letter from the Congregation for the Doctrine of the Faith made no provision to ensure the bishops follow the guidelines and victims groups immediately denounced the recommendations as

"dangerously flawed" because they stress the exclusive authority of bishops to determine the credibility of abuse allegations.

"Our central concern is that bishops and religious leaders retain enormous discretionary powers to decide if an allegation is credible," said Maeve Lewis, executive director of the Irish victims group One in Four.

The letter marks the latest effort to show that the Vatican is serious about

rooting out pedophiles from the priesthood, a year after the sex abuse scandal exploded on a global scale with thousands of new victims coming forward in Europe and beyond.

But the vague, nonbinding measure failed to impress advocates, who blame bishops, bent on protecting the church and its priests, for fueling the scandal.

Without fear of punishment themselves, bishops frequently moved pedophile priests from parish

Letter: In Brief

► Bishops should be prepared to listen to victims, create a safe environment for minors, better screen seminarians and ensure they receive proper training about celibacy and the effects on sex abuse victims.

to parish rather than reporting them to police. **THE ASSOCIATED PRESS**

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► The area surrounding the town of Slave Lake, Alta., was a hotbed for fur trade in the 19th century, with the Hudson's Bay Company establishing one of its trading posts at the mouth of the lake ► Forestry, oil and gas exploration gradually replaced the fur trade as the town's main economic drivers ► The community that grew into present-day Slave Lake was incorporated as a town in 1965

► The smouldering remains of houses outside Slave Lake, Alta., are seen yesterday after a firestorm swept through the town of 7,000, destroying upwards of 30 per cent of the buildings.

IAN JACKSON/THE CANADIAN PRESS



Northern Alberta town devastated by Wildfires



SHELLEY WILLIAMSON
@METRONEWS.CA

Shelley Brazean left Slave Lake, Alta., a year ago to start a family of her own, leaving behind her mother, sister and aunt — and a slew of memories.

"That's my whole childhood that just burned down," said Brazean as she dropped off donations at the Westlock Community Hall, now an evacuation centre for her former town, 160-kilometres away.

Police said nearly a third of Slave Lake has been destroyed by two blazes that left about 10,000 people without homes or waiting to hear of their home's fate.

Brazean's mother's, aunt's and sister's homes are all gone, she said.

How to help

- Cash donations can be to the Red Cross at 1-800-418-1111 or www.redcross.ca.
- Donations to the Salvation Army can be made at 1-800-SAL-ARMY or www.salvationarmy.ca.
- Those trying to locate individuals who have been evacuated can call the Red Cross toll-free number.
- Displaced residents are asked to register with the Alberta Red Cross at 1-800-565-4483.

Slave Lake Mayor Karina Pillay-Kinneer said that, de-

spite earlier reports, the RCMP station was still in tact but that the town hall and library were levelled.

Evacuation centres filled up in Westlock and Athabasca, where no motel rooms were available by late day. Edmonton's Expo Centre also took those affected.

Residents, many given minutes to evacuate Sunday, were initially told to stay off highways. In doing so, many were forced to change course as they tried to flee flames.

"It looked like a nuclear bomb hit," said Ian Cameron, who left with his girlfriend.

"It was chaotic, a thousand or so people trying to leave at the same time."

Like many, he is not sure if his home will be there when he gets back.

Fires ravage beloved haven for nature lovers

A devastating wildfire that has already destroyed a third of the homes in Slave Lake, Alta., is laying waste to a peaceful community that has long been a haven for nature lovers and outdoor sports enthusiasts.

The town of Slave Lake, located 250 kilometres from Edmonton, has historically relied on natural resources for its economic survival.

The town website invites visitors to avail themselves of the white sand beaches and marinas in the area and take part in the recreational activities available during the

summer. "Whether you enjoy taking a dip in the lake, world-class walleye and northern pike fishing, sailing, windsurfing, building sandcastles, hiking or birding, there's something to inspire and rejuvenate people of all ages," it says.

The wildfire sweeping its way through the town is not the first natural disaster to hit the area.

The original town, then Sawridge, was destroyed by a flood in the 1930's, prompting the community to settle in a new location.

THE CANADIAN PRESS



Read more at
metronews.ca

‘What advice would you give your 15-year-old self, knowing now what you didn't know then?’



I know that you've already figured out you're gay. Now you have to figure out what to do about that.

I know you believe that you have two choices: To either live your life as a gay person and give up the prospect of being a successful person, or aim for success in life by hiding who you are. As gently as possible, understanding this is a tough time for you, let me tell you that you are wrong. You don't need to make that choice. The first thing you should do is trust other people. Start with one other person — tell him or her about yourself, about your struggle. Then find a second person. Then another. You will find that their love for you, their respect for you, is much stronger than your fears. And you'll discover that worries are best shared with others.

Alex Munter was the Ottawa area's first openly gay elected representative and is now CEO of the Champlain Local Health Integration Network.

Safe at school?



The Egale Canada Human Rights Trust's report, Every Class in Every School suggests school is hell for many LGBTQ students.

The report found two-thirds of self-identified LGBTQ students reported feeling unsafe at school. More than half reported verbal harassment and more than a fifth have faced physical harassment or assault based on their sexual orientation. Meanwhile 70 per cent heard homophobic expressions such as "that's so gay" every day in school.

ALEX DUFFY/EGALE CANADA

'Like losing a ship's captain'

► Arrest of IMF chief is a formidable loss as eurozone wrestles with biggest crisis since its inception

The arrest of Dominique Strauss-Kahn, head of the International Monetary Fund, has brought uncertainty to Europe's debt crisis as it removes a heavyweight expert from talks on how to save the 17-nation eurozone.

Strauss-Kahn, who was France's finance minister when the euro was created in 1999, is an authority on Europe's economic issues and a canny operator in its complex web of power politics. His experience is perceived to have been crucial as Europe deals with its yawning debt.

"It's like losing an experienced ship's captain, while navigating particularly difficult, uncharted waters," said Jan Randolph, an analyst at IHS Global Insight.

The short-term outlook, however, is that the arrest won't affect this week's meeting of European finance ministers, who will sign off on Portugal's \$108-billion bailout and discuss whether to give Greece more help beyond its current \$152-billion rescue.

THE ASSOCIATED PRESS



► Dominique Strauss-Kahn waits to be arraigned yesterday in Manhattan Criminal Court for an alleged attack on a hotel maid. He was denied \$1 million US bail.

RICHARD DREW/THE ASSOCIATED PRESS

PlayBook recall part of bumpy transition for RIM

JEFF CHIU/THE ASSOCIATED PRESS

Research In Motion has recalled about 1,000 of its PlayBook tablets due to a faulty operating system, another setback in the BlackBerry maker's transition to a new generation of products.

"The number is relatively small, given expectations for tens, if not hundreds of thousands, of units sold in the coming weeks," Edward Jones technology analyst Bill Kreher said yesterday.

He said he expects 500,000 PlayBook computer tablets to be sold in the first quarter and a total of



► PlayBook: playing catch-up with other tablets.

two million over 12 months. But it's "absolutely critical" that RIM get its upcoming new BlackBerrys smartphones to market without any problems.

The Waterloo, Ont., company has said it will

launch two new BlackBerry Bold smartphones with an updated operating system at the end of the summer. A new generation of BlackBerrys using the same operating system as the PlayBook tablet isn't expected to hit the market until early next year.

RIM said the majority of the faulty devices were still in stores and hadn't reached customers and involved problems in the initial setup. The recall affected the 16-gigabyte version of the PlayBook.

THE CANADIAN PRESS

Market moment

TSX



+ 14.19
(13,391.35)

Dollar



- 0.59¢
(102.65¢ US)

Oil



- \$2.28 US
(\$97.37 US)

Natural gas
1,000 cu ft
\$4.223 US
(- 2.3¢ US)

Gold
\$1,490.60 US
(- \$3 US)

LADY GAGA
'What advice would you give your 15-year-old self, knowing now what you didn't know then.'



I know that you're really scared right now, but it's going to be all right. School

will get really tough. However, the experiences

will shape you into a stronger and better person.

Your friends and family love you and will always be here for you. They are your strongest supporters.

You are going to do great things in your life. Keep your chin up and be who you are. Also, you turn out to be a smoking hottie!

Noel A. Scott
Producer,
Forest City Pride

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ZEN AND THE ART OF CLOSET MAINTENANCE

SHE SAYS ...

JESSICA NAPIER
METRO



I have too many clothes. I know this for a number of reasons: the current balance in my chequing account, the fact that I can wear a different floral dress everyday for a 16-day period and, last week, all of the shelving in my walk-in closet collapsed.

Yes, the weight of my excessive shopping habit literally came crashing down on top of me — taking a significant amount of drywall with it in the process.

The untimely failure of my heavily burdened clothing rail forced me to do something I had been putting off for a while — edit my wardrobe. It took four painful hours to gather all my garments, make three piles (keep/garbage/donate) and then reassemble the keepers in a temporary shelving unit.

But once I did it I felt a rush of satisfaction. Here I was staring at a significantly smaller collection of clothes

and, yet, I was thrilled about it. Goodbye, pilling cardigans; see ya, ironic graphic tees; sayonara, jeans I haven't fit into for three years! Once I said so long to all my obsolete outfits, I felt as if an enormous unfashionable weight had been lifted off my shoulders.

I wanted more of this organizational high, so I went on a weeklong cleaning binge, banishing the piles of cheap tangled necklaces, the rusty frying pans that would surely poison me if I used them and the DVDs

collecting dust in an era of iTunes. Once I started, I couldn't stop.

In my youth my mother would roam around the kitchen shrieking "surfaces darling," mimicking Absolutely Fabulous diva Edina Monsoon. "I just want SURFACES, darling. I don't want this, look, I don't want this. I don't want THINGS on PLACES like that."

And that's the point. I don't want things on places; I want to purge all the unnecessary bits and pieces until I am left with clean countertops, smooth bed linens, books tucked away on shelves, coats hung in closets, hats upon racks and so forth.

It seems the advertisers have been lying to us all along — less stuff actually equals more happiness. Paring down my belongings and de-cluttering my life has left me feeling surprisingly Zen about my previously cramped apartment.

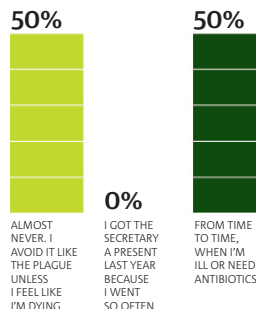
I have become an anti-hoarder and I want to spread the gospel of minimalist living to you, dear reader. You must be ruthless with your sentimental knick-knacks; take a hard look inside those crowded cupboards and overflowing drawers, and you will realize that most of those trinkets and tchotchkes you have collected over the years aren't keepsakes — they're actually just crap.

Read more of Jessica Napier's columns at metronews.ca/shesays



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How often do you go to the doctor?



Local tweets



With speculation on Twitter rampant about the Atlanta

Thrashers being in talks with True North, a new hashtag popped up: #renamethethrashers. Here's some of the best, not including the "Winnipeg Floods" and the "Winnipeg Mosquitoes."

- ▶ @TravisSBN: Personally, I think @dmooddy46's "North Minnesota North Stars" is my favourite.
- ▶ @davewells13: The winnipeg choppers. (Cheaper than a jet). #re-

- namethethrashers
- ▶ @StevMount: Thrashers + Jets = Threats? #renamethethrashers
- ▶ @acoyne: The Winnipeg Big Nips. They could be sponsored by the Sals! #renamethethrashers
- ▶ @VeryEthnic: Winnipeg Roughriders. (But only if at least one other NHL team also changes name to Roughriders.) #renamethethrashers
- ▶ @SwavesSports: #Rename-TheThrashers this isn't hard. Winnipeg Whiteout
- ▶ @SuicidePass: Winnipeg-Turner Overdrive. #renamethethrashers

Worth mentioning

BRUSSELS, Belgium. The Iberian lynx that prowls the grasslands of southern Spain. The Mediterranean monk seal swimming in waters off Greece and Turkey. The Bavarian pine vole that forages in the high meadows of the Alps.

These are among hundreds of European animal species — up to one-quarter of the total native to the continent — that are threatened with extinction according to a warning issued this month by the European Union.

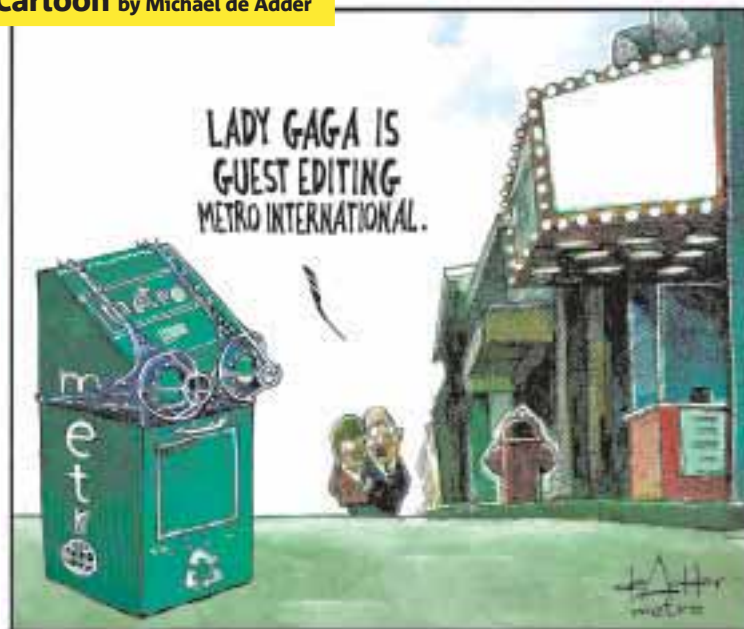
The threatened species include mammals, amphibians, reptiles, birds and butterflies. Plant life is under threat as well. The crisis is due to several factors, including loss of habitat, pollution, alien species encroachment, climate change and overfishing.

Critics say the EU's proposed solutions don't go far enough and lack funding.

"Life is possible because of biodiversity," said Ana Nieto, with the International Union for Conservation of Nature. "Everything comes from biodiversity. Everything comes from having well-functioning ecosystems."

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Oprah trumps U.S. justice system

The fervour over Oprah Winfrey's final season has even hit U.S. federal court — again.

A potential juror in the trial of a Chicago businessman ac-

cused in the 2008 Mumbai terror attacks has been given permission to miss a day of jury questioning to attend a taping of The Oprah Winfrey Show. It's Winfrey's last season, and some final episodes are being taped at Chicago's United Center.

The juror was one of nearly 100 in court yesterday for Tahawwur Rana's trial. Rana's attorneys took the matter in stride, calling it a big Chicago event.

Last month in another federal trial, a judge in ex-Illinois Gov. Rod Blagojevich's corruption trial dismissed a juror who had tickets to Winfrey's show and was worried jury duty would force her to miss it. THE ASSOCIATED PRESS



Fox hopes Cowell is a ratings X-Factor

► American network unveils fall TV schedule ► America's Most Wanted cut, while new Spielberg prehistoric drama Terra Nova gets green light

Fox is cancelling America's Most Wanted, the Saturday night show that has profiled criminals on the lam since 1988, and replacing it on the network's regular schedule with reruns.

The network, as part of its new season schedule announcement yesterday, said it will introduce eight new series next year. They include Simon Cowell's talent show The X Factor, which was given time slots in the fall similar to American Idol.

Fox said it would do four, two-hour America's Most Wanted specials next season, but it will no longer be a regular fixture on the network schedule. The series, hosted by John Walsh, debuted in April 1988 and has been on Fox's Saturday night schedule since 1994.

"We have not made money on the show for a while," said Kevin Reilly, Fox's entertainment president. "It was economically getting to the place where it was not viable anymore, but we wanted to keep the concept alive."

Instead, Fox will use the time slot to repeat some of its dramas that appeared earlier in the week, a cost-saving trend followed by other networks.

America's Most Wanted had a longer history as a regular series on Fox than even The Simpsons, the cartoon first seen as part of The Tracey Ullman Show in



► Simon Cowell left American Idol, but he will be back on Fox this fall with The X-Factor.

1987 before becoming a series two years later.

Fox is excited about Cowell's return, following his exit as an American Idol judge last year. The X Factor has Cowell, Paula Abdul, Antonio "L.A." Reid and Cheryl Cole as judges, and has 90 minutes in prime time on Wednesday and Thursday nights.

"There's an excitement and a buzz around the show that we've never seen before," said Peter Rice, Fox network chairman, noting that The X Factor drew more people to its auditions than Idol ever has.

If the show is a success it could be a game-changer for Fox, which has suffered in the ratings in the fall for years because American Idol doesn't begin until January.

Actress Zooey Deschanel will star in a new Fox comedy this fall tentatively titled New Girl. She plays a woman in her late 20s who moves in with three single guys after a bad breakup.

Another new Fox comedy, I Hate My Teenage Daughter, features Jaime Pressly and Katie Finneran playing single moms to teen-age daughters, realizing the girls are exactly

Schedule

Fox's schedule for the upcoming fall TV season.

- **Monday:**
8 p.m. - Terra Nova
9 p.m. - House
- **Tuesday:**
8 p.m. - Glee
9 p.m. - New Girl
9:30 p.m. - Raising Hope
- **Wednesday**
8 p.m. - The X Factor
9:30 p.m. - I Hate My Teenage Daughter
- **Thursday**
8 p.m. - The X Factor
9 p.m. - Bones
- **Friday**
8 p.m. - Kitchen Nightmares
9 p.m. - Fringe
- **Saturday**
8 p.m. - COPS
8:30 p.m. - COPS
- **Sunday**
7 p.m. - The OT
7:30 p.m. - The Cleveland Show
8 p.m. - The Simpsons
8:30 p.m. - Allen Gregory
9 p.m. - Family Guy
9:30 p.m. - American Dad

like the kids that once tormented them in high school.

Fox's new series also include the long-awaited debut of Terra Nova, Steven Spielberg's drama that sends a futuristic family back to prehistoric times. The series was filmed in Australia and is filled with special effects.

THE ASSOCIATED PRESS

LADY GAGA
'What advice would you give your 15-year-old self, knowing now what you didn't know then.'



When I think back to my young life I guess I think of an Aero-

smith quote: "Never judge a book by its cover, or who your gonna love by your lover." I am a big, bodacious, gay, Native woman. I was an activist at 16. I became a lawyer at 30. I came out at 32. I started a comedy career at 34. I got my own TV show at 40. I married my wife at 42 and I still don't know what I want to be when I grow up. But don't waste your breath telling me what I can't be, because I won't even hear you. I live my life loud and proud. And what I've learned in these 42 years is that love trumps hate every time.

Candy Palmater, Host of The Candy Show



I would strongly advise my 15-year-old self to START NOW! Start being your true self, be a leader: speak, live and love loudly! Celebrate who you are and others will too (at least those who really matter). Also, the fact that you're gay is but one part of you — nurture that side of you as you do the others, and be balanced. I would say, "Wee Ryan, honesty will work itself out like a splinter whether you like it or not, so you might as well be clear with yourself, stop worrying, and START BEING YOU"... Oh, and get started on your music career while you're young, and don't ever wear that paisley rayon shirt again.

Ryan MacGrath, Canadian Singer/Songwriter

2

scene

Scene in brief



Famously private Penelope Cruz reveals her overwhelming feelings as a new mother in the June issue of Vogue magazine.

Cruz begins to cry when talking about her son, Leonardo.

She says she felt love for her baby "from the first second" he was born in January and when a parent sees their new baby's face they are "transformed forever." Cruz is adamant about keeping her son away from the limelight and says she and husband Javier Bardem want to make sure his life is "as anonymous as possible."

The June issue of Vogue magazine hits stores nationwide May 24.

THE ASSOCIATED PRESS

Baby Gaga talks to Metro

Maria Aragon, the pint-sized singing sensation that wowed Lady Gaga, talks to Metro about what her life has been like since she stepped on stage with the superstar at a concert in Toronto.

It takes a lot of guts to post videos of yourself singing for

the whole world to hear. How did you even start doing that? After my sister got her YouTube channel...we thought it would be fun if I was on YouTube, so we did it, and I got a little bit of exposure 'cause I really like to sing. It's fun.

How do you learn a song?

On piano, I do it by ear, that's how I did the video Price Tag and Born This Way. But Waving Flag, after everything happened, I got piano lessons from Academy of Music here in Winnipeg and my piano teacher helped me figure out Waving Flag by ear.

● ELISHA DACEY



► Maria Aragon



Getting personal: Memoir by talk show host Ricki Lake coming in 2012 when new show launches. Scan code for story.

Aniston's dad: She just needs a good Greek man

► Wants to see her go back to her family roots

Jennifer Aniston is getting no shortage of dating advice — even at home. The actress' dad, John Aniston, thinks that the former *Friends* star should get back to her roots with a fellow Greek, according to *People* magazine. "I would be glad about that," says John, who was born Yannis Anastassakis in Crete, adding that the beau would have to be a "good Greek man." And what does that entail? "Honesty," he says.

● METRO



► Jennifer Aniston

ALL PHOTOS GETTY IMAGES



► Angelina Jolie

Angie's kids know they're adopted

With three of her six children having been adopted, it's no surprise that Angelina Jolie is extremely open about the topic at home. "The words adoption, birth mothers [and] orphanages are happy words in our household, and we talk

about those subjects all the time," she says, according to *People* magazine. "Life is very much about family and the family you choose. You can define your own destiny despite what happened to you in the past." ● METRO

Celebrity tweets



"I think I just tushie-tweeted by mistake! :) sorry!"

@ladygaga



@jimmyfallon

"My date showed up in high heels and a spray tan. When I stood next to her, I looked like a small pale ghost boy."

@oliviawilde



"in a thousand years

archeologists will dig up tanning beds and think we fried people as punishment."

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BEFORE AFTER

BEFORE AFTER

BEFORE AFTER



► Get outside and get back to nature with some activities like yoga and jogging.

Spring clean the body

► As Canadians prepare to clear out the garage, they should consider doing a detox of their bodies, too ► Everything from soups to herbal teas can help rid the body of the winter waste



CELIA MILNE
LIFE@METRONEWS.CA

Spring. The trees and flowers are swelling with new growth and blossoms. It's time for rebirth. What about your body?

If you're looking for a spring cleanse, take the advice of Ann Lawrence, a doctor of naturopathy at Dragonfly Family Health Centre in Ottawa.

"Drink lots of water and

stay away from smoking, alcohol, coffee, dairy, chocolate and sugar as these aggravate the health of nearly everyone," she says.

Eat a lighter diet concentrating on soup broths, brown rice and loads of vegetables, especially leafy greens and sprouts as they help the liver to cleanse. Probiotics help with intestinal health.

Lawrence makes a detox tea consisting of dandelion

"Get outside and be in touch with nature. There is healing power in being among trees."

ANN LAWRENCE

root, burdock root, milk thistle seed and stinging nettle. You can find a similar blend at many of the tea shops that are springing up. Flavour your

cleansing tea with ginger, lemon, peppermint or cinnamon.

Cleaning up your act doesn't just mean eating better. It also involves sleeping better and getting active. Lawrence suggests getting to bed by 10 p.m. if possible, as the hours of sleep before midnight are very important for the body's renewal.

Exercise regularly – daily, if possible.

"Get outside and be in

touch with nature. There is healing power in being among trees. We all need that connection to the earth and nature to rejuvenate us," says Lawrence.

As part of spring cleansing, hang out and enjoy time with friends and laugh. Learn relaxation techniques such as yoga.

"Simplify your life by deciding what is a priority. Find endeavours that support you rather than draining you," she suggests.



HAART



A low supply of some cancer drugs is a concern for hospital pharmacies, the Canadian Pharmacists Association says. Hospital pharmacies are keeping a careful eye on certain cancer drugs that are in short supply, hoping to ensure that Canadians don't face delays.

THE CANADIAN PRESS



Treating HIV patients earlier lowers chances of spreading the virus, which is a key to prevention

Looking out for youth

► Website's goal is to promote a Gay-Straight Alliance in schools



While LGBTQ youth face many of the same pressures and confusions that most adolescents face in coming to terms with their transitioning bodies and academic and social stresses, they often must do so while negotiating a mammoth part of their identity.

Many questions can arise, including, how can I deal with this, how can I help make it better and where do I even start?

A good starting point is MyGSA.ca, the national LGBTQ safer schools and inclusive education website. It is the first and only national resource dedicated to helping LGBTQ youth.

It was developed to help create safer and more inclusive schools through



► MyGSA.ca can be a good source of information for LGBTQ youth.

the elimination of homophobia, transphobia, and biphobia, and the integration of LGBTQ matters.

The "GSA" part of the web address stands for Gay-Straight Alliance and refers to a student-led group or club where LGBTQ youth, youth with LGBTQ family members, and their allies can meet

to tackle tough issues like discrimination based on sexual orientation and gender identity.

MyGSA.ca is a virtual place for all Canadians to come together to share experiences, stories, struggles and triumphs. The site is the hub of the Safe Schools Campaign by the LGBTQ human rights char-

ity, the Egale Canada Human Rights Trust.

On the site, you'll find a variety of information and resources that you can use or pass along to the youth and educators in your life.

There are simple and informative postcards as well as comprehensive resource guides and step-by-step instructions to setting up a GSA at your local school. You'll also find examples of the many schools in Canada where students and educators alike are hard at work to make it better for all of us.

Indeed, since its launch just one year ago, 150 GSAs from every province in the country have registered on the site, each one viewable on the online GSA directory.

Take a look and see if your local school has a GSA — if not, why not?

'Seek out support'

Metro: What advice would you give to a young lesbian, gay or transgendered Canadian struggling at home or at school to discover him or herself — and his or her place in the world.



Const. Lynn MacDonald: The advice I would give to youth is to seek out support as soon as possible. They are not alone and there are some really great resources out there. Call the Kids Help Phone if they need someone to talk with. Check out the local LGBTQ resource centres in their area and look for youth support groups, counselling, etc. For kids that are struggling with their sexuality and faith, check online

for organizations in their area that celebrate faith in an inviting and welcoming environment for LGBTQ people. I know that we tell our kids to hang on that it will get better but the reality is they shouldn't have to wait for it to get

better. They don't deserve to be abused and we need to make the harassment and assaults stop. We need to hold the people who are doing it accountable. This can be tough for kids that aren't out so it is important for us as adults to step up and hold people accountable. We need to be the voice for our youth when they are not strong enough to stand up for themselves.

CONST. LYNN MACDONALD
CALGARY POLICE SERVICE
DIVERSITY RESOURCES UNIT



► Richard's love for Oanh led him to become a permanent Canadian resident.

WHO SAID SKYPE CAN'T HELP FOSTER LOVE?

Names:
Richard, 34, and Oanh, 30

Hometown:
Coquitlam, B.C.

Together since:
2009

Their story:

I (Richard) met Oanh while I was travelling around the world in 2008. I was passing through Vancouver, and a mutual friend asked Oanh to show me around town while I was there. When we met, I instantly felt a connection to her.

However, our friend had made me promise not to make any moves on Oanh, so I sadly left her behind and continued with my travels, making my way

homeward to Scotland.

We kept in contact by email. When I moved to South Korea to be a teacher later that year, we began Skyping and our friendship and feelings for one another grew. We both knew we wanted to be together, but distance made that impossible. In April 2009, 15 months after we first met, we flew to the U.K. from opposite sides of the world for a short holiday. It was there

that we shared our first kiss. I had to return to Korea, but we decided then and there that I would come to live with Oanh in Canada after my teaching contract finished.

I am now a permanent Canadian resident, and we can't wait to spend the rest of our lives together!

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► Bonfire Bistro makes the perfect pizza with its wood-burning oven

LUNCH RUSH

PAY CHEN
FOOD@METRONWS.CA



It smells like a campfire as I walk up to the doors of Bonfire Bistro and I love it.

"How have you lived here this long and have yet to visit Bonfire?!" I was asked by friends.

► **Bonfire Bistro**
1433 Corydon Ave.
487-4440
bonfirebistro.ca
Reservations: No
Price range: \$2.95 - \$16.95
Rating: 5 out of 5

Two warm and inviting rooms and friendly service have me asking myself the same question.

Known for its wood-burning oven, I decide I must have a pizza.

The thin and crispy Prosciutto pizza (\$14.95) perfectly blends the salty prosciutto with fresh pear, arugula, blue Auvergne and mozzarella cheese.

A drizzle of balsamic ties together the sweet and savoury. This is pizza.

My friend orders from the Antipasti section and a large steaming bowl of manila clams with chorizo sausage and artichokes simmering in a saffron marinara sauce arrives (\$14.95).

I am immediately jeal-



► Prosciutto pizza with pear and arugula.

ous and promise to order it on my next visit.

I have a lot of time to make up for.

Avocado Lemon Wrap



For a creamy, crunchy and tangy sandwich that's all rolled up to go, make this nutrition-packed Avocado Lemon wrap.

It can be packed in school lunches or served as a tasty snack.

Preparation:

1 Core and julienne apple. Pit avocado and slice lengthwise. Dividing evenly, spread apple and avocado on each wrap.

2 Top with lettuce, then tuna. Roll up, then slice to make 3 pinwheels per wrap.

THE CANADIAN PRESS/
CLOVER LEAF

Ingredients:

- 1/2 Granny Smith apple
- 1/2 avocado
- 2 20-cm (8-inch) whole-wheat tortillas
- 375 ml (1 1/2 cups) shredded iceberg lettuce
- 2 cans flaked light tuna with lemon pepper

FEELING TOO MUCH PAIN AT THE GAS PUMP?

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONWS.CA



Gasoline prices are raging upwards as the price of oil remains high and

summer driving season demand increases.

If your budget is getting squeezed, get smart with your fuel consumption.

Ensure your vehicle is

well maintained; regular oil changes and the right tire pressure.

Plan your travel in advance, avoid peak travel times to reduce idling and take the shortest route.

If you're travelling long distances, drive the speed limit and use cruise control.

When your speed is constant and within the limit, you'll use less fuel and avoid expensive traffic tickets.

Reduce clutter or unnecessary weight in your car and consolidate your errands into one trip.

To find the most affordable fuel in your area, check out sites like gasbuddy.com or gasticker.com.

You can also use smart-

phone apps that track local prices.

Consider alternative forms of transportation.

This past weekend, rather than driving, I pulled out my bicycle, filled the tires with air and rode 35 minutes to meet friends for coffee.

I saved money on fuel and got my daily exercise.

Try walking, running, biking, blading, car pooling or public transit to get to your destination.

If you're in the market for a new vehicle, consider one that's fuel efficient or uses an alternative fuel like natural gas or a hybrid.

When you cut back on your fuel consumption you'll save money and reduce your emissions.

GRAPHIC DESIGNER

Reporting to the Publisher, Metro Winnipeg the right candidate will join Metro's dynamic and award winning Creative Services team. We're looking for an eager Graphic Designer whose portfolio and experience reflects that of print, online and mobile graphic design and who possesses a successful track record of the professional delivery of deadline driven projects in an extremely fast paced environment. The ideal candidate will also possess a good knowledge of print design and production, specifically for newspaper and magazine print advertising, and will have the skill set of an online graphic designer using web based media.

PRIMARY RESPONSIBILITIES:

- Development of creative executions for in-paper retail advertising, online, mobile and print production knowledge
- Quality assurance of design and layout prior to sending to clients
- Professional contact with internal and external clientele

REQUIREMENTS OF THE POSITION:

- 2-3 yrs design experience within a newspaper environment
- Post secondary education in a related field, or equivalent experience
- Skilled in print, online and mobile graphic design and animation, comprehensive and complete software knowledge
- Software proficiency including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Flash, Photoshop, Illustrator, Image Ready and Dreamweaver
- Proficient on both PC and MAC platforms
- Knowledge in optimizing images for web and mobile (optimal file sizes, file formats etc) while maintaining small file sizes
- Basic understanding of HTML and CSS, ability to prep files for print production
- Expert in file stuffing (.sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive in a deadline driven, creative and dynamic environment with strong attention to detail (typography, copy, grammar, layout, images, colour etc)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment
- Must be a quick problem-solver, who initiates projects and who takes a pro-active/smart approach

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than May 20, 2011. PLEASE QUOTE: "Graphic Designer -Winnipeg" in the subject line. All submissions will be treated as confidential.

4
sports

Quoted



"Time is running short. It's time to get back to the table and get those issues resolved."

NFL COMMISSIONER ROGER GOODELL. THE NFL'S LOCKOUT STAYS, A FEDERAL APPEALS COURT RULED YESTERDAY. THAT MEANS THE LEAGUE LIKELY WON'T GET BACK TO BUSINESS UNTIL NEXT MONTH AND MAYBE MUCH LATER.



► Canucks players stretch during a practice yesterday.

Cool as ice

► Along with talent, Canucks have improved their composure for playoffs and learned not to panic

A team can sign talent and draft skill, but composure is something that must be learned.

The Vancouver Canucks made themselves better this year by improving their defence and adding depth on their third line. But patience and confidence are the biggest reasons Vancouver overcame a 2-1 deficit to defeat the San Jose Sharks 3-2 in the opening game of the Western Conference final.

In past years the Canucks might have pan-

icked. The team could have turned into a bunch of individuals trying to do too much.

Not this group. "We don't really overreact or lose our composure at any point of the game," forward Alex Burrows said after the Canucks practised at Rogers Arena yesterday.

"We just stick with it. I think we got better as the year went on, sticking with the process and sticking with the 60-minute plan. If it has to take 55 or

59 minutes to get it done, we are willing to wait instead of forcing things. It has to do with maturity and more experience."

The Canucks will get a chance to extend their lead when Game 2 is played tomorrow. The best-of-seven series will return to San Jose for games Friday and Sunday afternoon.

The Canucks know the Sharks desperately want to avoid going down 2-0 in the series.

THE CANADIAN PRESS

LADY LALA
'What advice would you give your 15-year-old self, knowing now what you didn't know then?'



I would tell myself that the attraction I was feeling for my girlfriends would in the long run be who I am. That my parents would love me unconditionally and that no one that I cared about would turn their back on me. I would tell myself that the future is full of great times and a life filled with love. I would tell myself to be more confident in who I was and that people would love me for who I am. I would tell myself how great my life was going to be, how times would change and the world becomes more accepting and open as each year passes. I would tell myself to love with all my heart and not hold back ... In the end, love is what makes our life worth living.

Lori Andrews, Canadian Rockies International Rodeo All Around Champion 2010



It is important to learn life lessons now and apply them to how you want to grow and develop. Absorb what you can from life and opportunities will come your way. Wait until you feel comfortable with yourself and have confidence in yourself before you come out. It is not wrong to mature and experience life knowing who and what you are and then come out when the time is right for you. Spend time building your confidence, educating yourself, your family and friends, and come out when it feels right for you.

I am glad I followed the path I did and experienced all the things I did. I don't regret waiting to come out when I did because it was when I was supposed to. If I came out earlier, I might have lost life experiences that made me who I am today. Be confident about coming out and don't worry about coming out because it is never as bad as we anticipate. Those who love us will eventually come to terms with who we are and know that we are confident, loving and happy individuals.

Scott Woodruff, Canadian Rockies International Rodeo All Around Champion 2010

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Winnipeg group reportedly in talks with Thrashers

Thrashers president Don Waddell said yesterday the team is exploring "all options" for new owners as there are reports that for the first time those options include a group interested in moving the team to Winnipeg.

Co-owner Bruce Levenson, NHL deputy commissioner Bill Daly and Waddell would not confirm a report by the Atlanta Journal-Constitution that Thrashers owners are

28th

The Thrashers' rank in terms of average attendance among the 30 NHL teams. The team's average attendance this past season was 13,469 per game.

in negotiations with True North Sports and Entertainment, which would relocate the team to

Winnipeg. The paper cited a person close to the process.

"We've never commented, and aren't going to start now, on who we're talking to or not talking to," Levenson told The Associated Press. "Even if I wanted to, I can't, because whenever we engage in any kinds of serious discussions with anybody, we sign confidentiality agreements. We always honour those." THE ASSOCIATED PRESS

Sports in brief

Woods expects to resume play next month

GOLF. Tiger Woods says he didn't do any more damage to his left leg at The Players Championship and expects to play the U.S. Open next month.

Woods made it only nine holes last week at The Players when he withdrew because of what he described as a

chain reaction of pain from his left knee to left Achilles and tightening in his calf.

THE ASSOCIATED PRESS

Stress fracture for Wright

BASEBALL. Mets third baseman David Wright has a stress fracture in his lower back that is expected to keep him out a couple weeks, though the team is awaiting a second opinion before deciding whether to put him on the disabled list.

THE ASSOCIATED PRESS

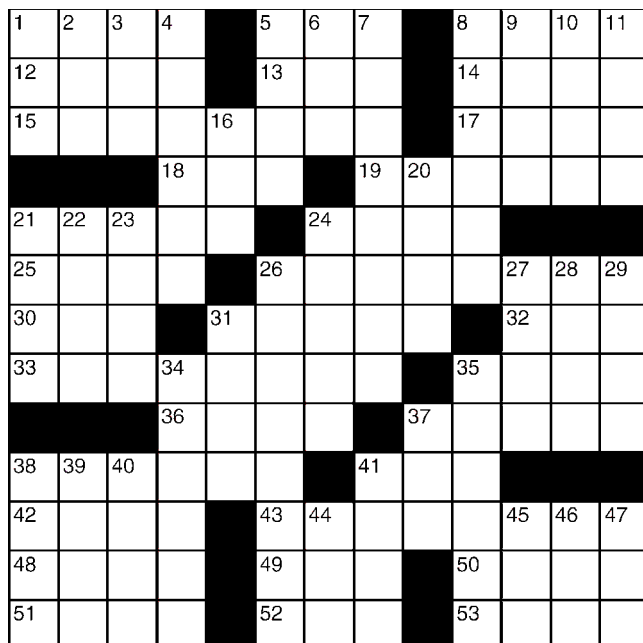
Crossword

Across

- 1 Harmonization, for short
5 Floral neckwear
8 Burden
12 Twosome
13 Charged bit
14 Competent
15 Obvious
17 React to yeast
18 Second person
19 Tabloid worker
21 Necktie alternative
24 Vicinity
25 Bank transaction
26 Hunger
30 Emeril's shout
31 Figure of speech
32 Extinct bird
33 OK
35 Weaponry
36 British school
37 Beginning
38 Crazy one
41 Have bills
42 Once more, colloquially
43 Sweater decoration
48 Star Wars hero
49 Miler Sebastian
50 Pout
52 Lonerous look
52 Longing
53 Fill till full

Down

- 1 Resort
2 Puppy's call
3 Pinch
4 Colouring stick
5 Stead
6 A billion years
7 Crime-fighting group based in Lyon, France



- 8 Lasso
9 Final notice
10 As well
11 Antelope's playmate
16 Deteriorate
20 Consider
21 Actress Jessica
22 Laundry need
23 Bivouac
24 Pertaining to bees
26 Support of a cause
27 Don of radio
28 Color quality
29 Right on the map?
31 Tittle
34 A Few Good Men director
35 Layered rock
37 Hooter
38 Shoppers' mecca
39 Chills and fever
40 "Swoosh" company
41 Tournament format
44 "The Raven" writer
45 Sine — non
46 Last (Abbr.)
47 — out a living

Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

justice, boo boos i love you soooo much you are my everything i never want you to leave
From **LAURA**

Hoa, You are amazing in every way sweet, your eyes, your lips you are perfect and beautiful muahhhhhh-hhhhhhhhhh
From **DOUBLE**

Marcus, have a great 33rd birthday today. I can't wait to celebrate it on the long weekend.
From **ROMO**

Natty-bear, Natalie, I love you more than you could possibly know, I just wish you knew how much I do. You are the sweetest most beautiful girl I have ever met in my short lifetime. I hope we get to spend a lifetime and half together.
With love
From **JARE-BEAR**

A look at the weather

TODAY Min 9° Max 24°
WEDNESDAY Min 10° Max 22°
THURSDAY Min 12° Max 24°



Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." WEEKDAYS 6AM

Today's horoscope

♈ Aries March 21-April 20

Financial security and emotional security are not the same thing.

♉ **Taurus** April 21-May 21 Don't be obsessive about events that are over and done with.

♊ **Gemini** May 22-June 21 Live each new day as it comes. Never look back.

♋ **Cancer** June 22-July 22 You will find yourself caught between rival viewpoints today

♌ **Leo** July 23-Aug. 23 Call it as you see it today, because if you

say things merely to impress others in authority your efforts could come unstuck.

♍ **Virgo** Aug. 24- Sept. 22 Once you understand the bigger meaning the little things will fall into place.

♎ **Libra** Sept. 23-Oct. 23 Make sure you know exactly what you are going to say before you open your mouth.

♏ **Scorpio** Oct. 24-Nov. 22 You don't take kindly to those who disagree with you.

♐ **Sagittarius** Nov. 23-Dec. 21

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Smile, don't frown — it suits you so much better.

♑ **Capricorn** Dec. 22-Jan. 20 . Avoid friends though if they get emotional.

♒ **Aquarius** Jan. 21-Feb. 18

There may be a conflict between your home life and your work commitments.

♓ **Pisces** Feb. 19-March 20.

The more people tell you that you are neglecting your duties the more you can be certain that it is right to neglect them

• SALLY BROMPTON

Caption contest



BRIAN



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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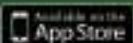
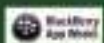
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